



What is PRO-LC?

Pennsylvania Resource Organization for Lactation Consultants (PRO-LC) was established in 1986 and provides continuing education and networking for lactation consultants in eastern Pennsylvania. The organization supports and encourages the growth of the lactation consultant profession and strives to increase public awareness of our profession.

Why should I become a member?

PRO-LC Membership Provides:

- Voting rights
- Membership list
- Access to and listing in PRO-LC's referral service and speaker's bureau
- Continuing education with free CERP/CEU credits
- No fee for attendance at meetings
- Journal Club Meetings
- Group Discounts for a wide variety of journals and memberships
- Access to members only sections of the PRO-LC website and Yahoo group

PRO-LC Activities

Meetings

Educational meetings are offered 3 times a year and provide CERPs and networking opportunities. (NOTE: non-members are welcome at our meetings free of charge, if CERPs are desired then non-members pay \$20.) See our newsletter for topics, dates, and locations.

Journal Club

Members meet 2 times a year to discuss journal articles or books on breastfeeding topics and share a potluck dinner.

Physician of the Year Award

A physician in eastern Pennsylvania is honored annually for his/her support of breastfeeding. Members are encouraged to submit nominations.

World Breastfeeding Week Contest

Awards and prizes are given to hospitals to recognize their efforts in designing creative World Breastfeeding Week theme related displays and activities.

Sponsorship of South African ILCA Chapter

PRO-LC pays the annual ILCA dues for a sister group at Mowbray Maternity Hospital in South Africa.

How do I become a member?

The annual membership fee of \$40 is due each year in September. To join, please complete this form and mail it with a check made payable to "PRO-LC" to:

Donna Sinnott, BBA, IBCLC
252 North Aberdeen Avenue
Wayne, PA 19087

Date: _____

ILCA/USLCA member? Yes No

Name: _____

Address: _____

City: _____

State and Zip: _____

Phone (home): _____

Phone (work): _____

Fax: _____

E-mail: _____

Honorific (e.g. RN, BA, IBCLC) _____

I am a (please check all that apply):

Lactation Consultant

Hospital Private Practice

WIC Doctor's Office

Nurse

Clinic Community Home Health

Hospital Doctor's office

Nutritionist/Dietitian

Childbirth Educator

Pump Rental Company Representative

Company Name: _____

Breastfeeding Counselor

Group: _____

LC-in-training

Outreach worker

Student Where? _____

Member of another ILCA affiliate

Name of affiliate: _____

Other: _____

**PRO-LC Board
July 2011-June 2012**

Officers

President - Cindy Griffis
Vice-President - Beth Ricci
Secretary - Nikki Lee
Treasurer - Donna Sinnott
Sergeant-at-Arms - Carol Tenneriello

Board Appointments

Continuing Education - Lisa Mandell (LC CERPs) & Lori Carpenter (RN CEUs)
Website Coordinator – Georgette Bartell
Yahoo Group Coordinator - Janet Graczyk

County Representatives

Bucks - Mara Brand
Delaware - Linda Derbyshire
Chester - Robin Frees
Lehigh & Northampton - Angela Quinn
Montgomery - Suzi Garrett
Philadelphia - Georgette Bartell

Website: www.prolc.org

We also encourage membership in the International Lactation Consultant Association / US Lactation Consultant Association.

To join, logon to: www.ilca.org / www.ilca.org/uslca

For information about becoming an International Board Certified Lactation Consultant, write to:

The International Board of Lactation Consultant Examiners
PO Box 2348
Falls Church, VA 22042.

Or logon to: www.iblce.org



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RESOURCE
ORGANIZATION
FOR LACTATION
CONSULTANTS**

Providing continuing education and networking for lactation consultants in eastern Pennsylvania since 1986.